#### Read

'He has brought down the mighty from their thrones and exalted those of humble estate' Luke 1.52 (ESV)

'...that we, being delivered from the hand of our enemies, might serve him without fear' Luke 1.74 (ESV)



### Reflect

Luke captures two songs sung by key players in the story. As Zechariah and Mary both draw on their Scriptures to express their reactions in song, they both emphasise the challenge to the ruling powers. In her song, Mary declares: 'He has brought down the mighty from their thrones and exalted those of humble estate' (1.52). Zechariah's song celebrates that God has remembered his people under Roman oppression and celebrates the prospect of being 'delivered from the hand of our enemies' (1.74). Your challenge today is to bless others with song.

# Challenge 1

Let someone else choose which music you have playing in the car, house or workplace today

## Challenge 2

Explore the psalms and send one to someone to encourage them – perhaps to someone who would never normally read the Bible

## Challenge 3

Share your favourite song with someone and invite them to share theirs – and tell you why it's special to them