

The Year 5 Learning pack

Advice and suggestions – below are a slightly random list of helps and hints for how to help your child with their learning at home, it is only advice and suggestions and it is aimed to help:

- At school learning is a social activity as well as just getting on individually so “get on with what you’ve got to do” won’t work – children will become demotivated very quickly. Talk through regularly with your child what they are doing / learning. More than 10 minutes of individual, silent learning is hard to sustain for children unless they are really into it. So make it a fun family activity.
- Hear your child read, even if they are very good at reading already
- Have an agreed routine and timetable for your day that your child and you can refer to (at school we have written up what we will do / be learning and when). This will help your child not to be anxious, know what to expect is coming up in the day and also help you know what’s going on for the day. It might just be a list of times and what learning you/they will be doing at that time.
- We are suggesting that you spend 20 minutes on mathematics, 20 minutes writing (see later on for suggestions about this), 20 minutes reading and then 20 minutes other subjects. This timetable below has been found online – you might find it helpful but you might not, it is just an example & the eagle eyed will notice it contains more academic time than suggested above!

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| Before 9:00am | Wake up | Eat breakfast, make your bed, get dressed, put PJ's in laundry |
| 9:00-10:00 | Morning walk | Family walk with the dog Yoga if it's raining |
| 10:00-11:00 | Academic time | NO ELECTRONICS Sudoku books, flash cards, study guide, Journal |
| 11:00-12:00 | Creative time | Legos, magnetiles, drawing, crafting, play music, cook or bake, etc |
| 12:00 | Lunch | |
| 12:30PM | Chore time | A- wipe all kitchen table and chairs. B - wipe all door handles, light switches, and desk tops. C - Wipe both bathrooms - sinks and toilets |
| 1:00-2:30 | Quiet time | Reading, puzzles, nap |
| 2:30-4:00 | Academic time | ELECTRONICS OK Ipad games, Prodigy, Educational show |
| 4:00-5:00 | Afternoon fresh air | Bikes, Walk the dog, play outside |
| 5:00-6:00 | Dinner | |
| 6:00-8:00 | Free TV time | Kid showers x3 |
| 8:00 | Bedtime | All kids |

- Hear your child read to you
- Screen time (gaming or watching stuff) is hard to break off from because of the different brain chemicals it causes to be released – so save it until after more formal paper based learning has been done
- Have a family story that you are reading together and perhaps at the end of a mealtime or on the run up to bedtime you read some together which all the children are enjoying
- Praise the learning behaviours you want to see, e.g. “I love how you have persevered at your handwriting today” or “I am so impressed that you have tidied up your junk modelling so well today”
- Read your child’s book to them for a bit
- Chat about new and unusual words in your child’s book and write them in their reading record
- Read together – a page each
- Be outdoors where and when you can
- Read something unusual like a seed packet or some cooking instructions / recipe together
- Low mood = food, we see a real dip in attention and interest in learning from 10.30am and just before lunch and towards the end of the day because often low mood = need food. Healthy snacks can quickly change the mood.

Other Suggestions from some children in year 5 and some from their teachers

- Write a diary each day – 3 to 5 sentences where you capture a best moment, a funny moment and something that you discovered new or surprising
- Junk Modelling – some have suggested turning cereal boxes inside out first so that you can then decorate them!
- Science experiments - <https://www.stem.org.uk/resources> and then click “primary” has some lovely experiments you could do, it is a website for teachers and the language is for grown-ups so we suggest you look ahead of time and decide what to do
- Another useful website is <https://www.bbc.co.uk/teach/primary/zd7p47h> or search “bbc teach primary” which has some fun short videos in subject areas as well as other resources that you might like to look at
- Create and play a board game
- Art topic – create a collage
- Use Mathletics - see front covers for log on details
- Use Education city – see front cover for log on details
- Do some exercise! Joe Wicks on youtube does a 5 minute work out for children – search “Joe Wicks 5 minute move”
- Create a garden sculpture
- Create a poster about anything you like, perhaps about your favourite thing to do
- Write a letter to a relative, photograph it and email it through to prevent the spread of germs
- Create a photo montage of picture you make then share it with a loved one you can’t visit at present, perhaps turn a few pictures you draw into an animation
- Have a daily checklist of what you need to do and tick them off each day
- Do some cooking or baking together and use the experience to inspire you to write a short story or perhaps a recipe
- Draw a symmetrical pattern using a ruler and then add colour
- Create a comic strip
- Have some time sat quietly and calmly listening to the sounds around you
- Write a book review – what would people want to know or need to know to be persuaded to read that book
- Write a film review - what would people want to know or need to know to be persuaded to watch the film
- Make a time capsule (search online for more information)

PACKS – We have created these packs, there is a Maths pack with addition, subtraction, multiplication and division as well as looking at data and finally, telling the time. There is also a general pack that includes answers to all we have set where answers are required.

Best wishes,

The Year 5 team